



A Foundation
**Building
Strength**
for Nemaline Myopathy



Charity Bike Ride

Nemaline Myopathy Awareness Fitness Event Saturday March 5, 2011

Rides led by local elite, pro, Olympian and National Champion riders

30 mi flat ride out Canada Road
OR

50+mi climb to Skyline and the coast (weather permitting)

No drop rides; fast AND average pace groups for each distance

Nixon School • 1711 Stanford Ave • Stanford

Check in begins at 8:45 am - Rides depart at 9:15 am

Please join us in raising awareness and funds for this rare childhood disease

REGISTER NOW • www.buildingstrength.org • Click GET INVOLVED